

## MOST COMMONLY ASKED QUESTIONS:

### Where can I purchase Doctor's Advantage supplements?

- 1) You may be able to purchase these supplements directly from your doctor's office.
- 2) Supplements can be purchased online by visiting [www.DoctorsAdvantage.net](http://www.DoctorsAdvantage.net).
- 3) Call our toll free number 1.888.EYEDOC5 (393.3625) and place your order with one of our knowledgeable customer service representatives.

### What is Doctor's Advantage Auto-ship Program?

Auto-ship is our home delivery system created to make it easier for you to receive your supplements. With auto-ship, Doctor's Advantage ships 3 bottles every quarter straight to your home. Shipping is FREE with our auto-ship program.

### How long do I take Macular Shield?

Indefinitely. Once you have been diagnosed with macular degeneration, you will always have this condition, so continuing with these supplements is an excellent daily defense.



Doctor's Advantage®

2240 East Hill Road, Suite C, Grand Blanc, MI 48439

1.888.EYEDOC5 (393.3625) | 734.345.5900 fax

[www.DoctorsAdvantage.net](http://www.DoctorsAdvantage.net)

## Macular Shield and

## Macular Shield-S



# Macular Degeneration Protection



## What is Macular Degeneration?

Age-Related Macular Degeneration (ARMD) is a medical condition that results in a loss of vision in the center of the visual field (the macula) because of damage to the retina. ARMD ranges from mild changes with no decrease in vision to abnormalities severe enough to result in the loss of all "straight" ahead vision. Macular degeneration does not cause total blindness because the remaining and undamaged parts of the retina around the macula continue to provide "side" (peripheral) vision.

Age-Related Macular Degeneration is the most common cause of irreversible vision loss in Americans over the age of 60. It is estimated that 10 million Americans will experience this age-related visual impairment.

## What are the symptoms of Macular Degeneration?

Symptoms of macular degeneration usually develop gradually. People with ARMD may first notice a blurring of central vision, especially during tasks such as reading, watching television or sewing. Also, straight



normal



intermediate



advanced

lines may appear distorted or warped. As the condition progresses, blind spots may form within your central visual field. In most cases, if one eye has macular degeneration, the other eye will develop it.

*"I began researching supplements and came upon Macular Shield by Doctor's Advantage. I can now feel confident knowing I am taking a product that has the best ingredients at the right levels. I am thankful I have found this product and a company who produces superior products. Thank you!"*

NANCY B., AGE 65

## What is a good treatment option for Macular Degeneration?

Although there is no cure for macular degeneration, there was a major clinical trial sponsored by the National Eye Institute called the Age-Related Eye Disease Study (AREDS). This study proved a daily supplement containing a unique formulation of high-dose nutrients and other ingredients slows the progression of macular degeneration.

After the original AREDS study was completed, the National Eye Institute identified additional vitamins and minerals that also play a key role in slowing the progression of ARMD and therefore, decided to begin a second study. More specifically, AREDS 2 is studying the effects of adding Omega-3 fish oil due to its anti-inflammatory benefits as well as the importance of 2 key carotenoids, Lutein and Zeaxanthin.

## What is Macular Shield?

**Macular Shield** is a daily supplement specially formulated for patients with macular degeneration or who are at high-risk of developing macular degeneration. Our researchers developed a pharmaceutical grade AREDS formula with powerful protection for the macula and the whole body. It also contains EyeShield, a proprietary blend of 15 mg of Lutein, 2 mg of Zeaxanthin and other key nutrients for added macular protection. Macular Shield is also a complete multivitamin.

**Macular Shield-S** is our special formula for patients who should not take beta-carotene, including those who have a history of smoking within the past 20 years.



**Macular Shield**  
plus  
**Complete Multivitamin**

### Supplement Facts

Serving Size: 4 Capsules • Servings Per Container: 30

Amount Per Serving	%DV	Amount Per Serving	%DV
Vitamin A (as Beta Carotene)	18,000 IU 360%	Calcium (as Calcium Citrate)	100 mg 10%
Vitamin C (as Ascorbic Acid)	500 mg 833%	Zinc (as Zinc Oxide)	80 mg 533%
Vitamin D3 (as Cholecalciferol)	800 IU 200%	Copper (as Copper Oxide)	2 mg 100%
Vitamin E (as D-alpha Tocopherol)	400 IU 1,333%	Chromium (Chromium Picolinate)	150 mcg 125%
Thiamine (as Thiamine HCl)	1.5 mg 100%	<b>Advanced EyeShield™ Antioxidant Complex</b>	
Riboflavin	1.7 mg 100%	Citrus Bioflavonoids	80 mg †
Niacin (as Niacinamide)	20 mg 100%	FloraGLO® Lutein 5%	15 mg †
Vitamin B-6 (as Pyridoxine HCl)	10 mg 500%	Bilberry Fruit Powder	10 mg †
Folic Acid	400 mcg 100%	Zeaxanthin 2%	2 mg †
Vitamin B-12 (as Cyanocobalamin)	50 mcg 833%	Coenzyme Q-10	400 mcg †
Biotin	30 mcg 10%	* Percent Daily Values (DV) are based on a 2,000 calorie diet.	
Pantothenic Acid (as Calcium-D-Pantothenate)	10 mg 100%	† Daily value not established.	

**Other Ingredients:** Gelatin, Rice Flour, Vegetable Stearate, Dicalcium Phosphate.

## How is Macular Shield different from other products for Macular Degeneration?

Unlike the majority of supplements available for macular degeneration, Macular Shield contains the correct amounts of ingredients at the levels proven to be beneficial at slowing the progression of this condition. In most cases, you would have to take several different supplements to equal what is in one bottle of Macular Shield.

### How do I take these supplements?

PRODUCT	DOSING RECOMMENDATION
<b>Macular Shield</b>	4 capsules/day
<b>Macular Shield + OmegaShield</b>	4 capsules/day + 2 softgels/day
	2 capsules in the morning and 2 capsules in the evening
	2 capsules and 1 softgel in the morning and 2 capsules and 1 softgel in the evening

## What is OmegaShield?

**OmegaShield** contains 1 gram of molecularly distilled, mercury free fish oil consisting of anchovies, sardines and mackerel, the richest sources of DHA. OmegaShield combined with Macular Shield or Macular Shield-S meets/exceeds the Age Related Eye Disease Studies (AREDS 1 and 2) recommendations.



**OmegaShield™**

- Highly absorbable Triglyceride form
- No fishy smell or aftertaste
- Mercury Free
- Supports a healthy heart

### Supplement Facts

Serving Size: 2 Softgels • Servings Per Container: 30

Amount Per Serving	%DV
Total Calories	18 —
Total Fat	2 g 3%*
Saturated Fat	0 g 0%*
Polyunsaturated Fat	1 g †
Trans Fat	0 g †
<b>Fish Oil Omega-3 TG</b>	<b>2,000 mg †</b>
EPA (Eicosapentaenoic Acid)	600 mg †
DHA (Docosahexaenoic Acid)	400 mg †

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Gelatin, Purified Water.

These statements have not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Consult a physician before using if pregnant, nursing or have a medical condition. Keep out of reach of children.

MADE IN THE U.S.A.