

*"Fifteen years after having LASIK, I was experiencing what I thought to be vision changes. I was having difficulty driving at night as well as trouble reading road signs. I was convinced that I was going to need a LASIK enhancement.*

*After speaking with my doctor, he explained I was suffering from dry eye syndrome and assured me that my vision was still 20/20. He recommended I try EyeRelief by Doctor's Advantage. I was very skeptical. Like many people who suffer from dry eye, I was not experiencing any of the typical symptoms ... only vision changes.*

*I have been taking the product now for two years and my vision is great! I still can't believe the difference EyeRelief has made in my daily life. I have recommended this product to all of my friends and family who have had LASIK surgery and they are dedicated to the product as well."*

- JENNY M., 42



Doctor's Advantage®

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## EyeRelief



## Dry Eye Relief



## Do you suffer from Dry Eye?

If you answered "yes" then you are not alone. There is an estimated 10 million Americans who suffer from dry eye.

Common symptoms of dry eye include:

- A burning, stinging or scratchy sensation in your eyes
- Intermittent blurred vision
- Difficulty opening your eyes in the morning
- Redness
- Light sensitivity
- Increased discomfort after periods of reading, watching TV, or working on a computer
- Difficulty wearing contact lenses
- Sometimes your eye over-compensates and actually produces excessive tears causing overflow

## What is dry eye?

Dry eye is a condition in which there are insufficient tears to lubricate and nourish the eye. People with dry eyes either do not produce enough tears, have poor quality tears or have tears that leave the eye too quickly.

## What causes dry eye?

There are several factors that can cause a person to develop dry eye. One of the most common reasons for dryness is simply the normal aging process. As we grow older, our bodies produce less oil. Other factors that cause dry eye include:

- Post LASIK and cataract surgery
- Menopause
- Several medications such as birth control pills and anti-depressants
- Sjogren's disease
- Rheumatoid Arthritis

## What is the best way to treat dry eye?

Current research suggests the anti-inflammatory effects of Omega-3 fish oil may help with dry eye syndrome. Specifically targeted nutritional supplements such as EyeRelief can restore function to the glands that provide lubrication to the eye.

*"I still can't believe the difference EyeRelief has made in my daily life."*

## What is EyeRelief?

EyeRelief is a synergistic balance of pharmaceutical grade nutrients for supporting tear function and eye health. Combining mercury free, molecularly distilled Omega-3 fatty acids with flaxseed oil from our proprietary blend, EyeRelief is a unique supplement designed by doctors & scientists to support maximum dry eye relief.

EyeRelief helps create nice thick tears and prevents these quality tears from evaporating.

**EyeRelief**  
Dry Eye Formula



## How is EyeRelief different from other Omega-3 products?

EyeRelief contains Omega-3 fatty acids, Flaxseed Oil, Borage Oil and Turmeric Root.

These 4 key ingredients have all shown to have anti-inflammatory properties making EyeRelief the best choice to relieve your dry eye symptoms.

### Supplement Facts

Serving Size: 3 Softgels • Servings Per Container: 30

	Amount Per Serving	%DV
Total Calories	17.5	—
Calories from Fat	16.5	—
Total Fat	2 g	3%*
Total Carbohydrates	Less than 1 g	<1%*
Vitamin E (d-alpha Tocopherol)	80 IU	267%
<b>EyeRelief™ EFA Complex</b>	<b>1,885 mg</b>	<b>†</b>
Fish Oil Concentrate, Flax Seed Oil, Borage Oil		
Total Omega 3-6-9 Fatty Acids	865 mg	†
EPA (Eicosapentaenoic Acid)	400 mg	†
DHA (Docosahexaenoic Acid)	300 mg	†
ALA (Alpha Linolenic Acid)	110 mg	†
Oleic Acid	35 mg	†
GLA (Gamma Linolenic Acid)	20 mg	†
Mucopolysaccharide Complex	260 mg	†
Tumeric Root PE 95% Curcumin	80 mg	†

\* Percent Daily Values (DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Gelatin, Glycerin, Purified Water, and Carob Extract.

- Mercury-Free
- Doctor formulated
- Supports a healthy heart
- No fishy smell or aftertaste

### ■ Omega-3 Fatty Acids

Omega-3 fatty acids are vital players in eye health. First, Omega-3 helps inhibit the inflammation that results in dry eye. These fatty acids allow your body to contain inflammation thus averting the occurrence of dry eye. Omega-3 fatty acids also help the glands in your eyes make the healthy oil that coats your tear film and helps reduce evaporation. This healthy oil supports healthy tear function.

### ■ Flax Seed Oil

Flax seeds are rich in essential fatty acids, particularly the beneficial type known as omega-3. These fatty acids work throughout the body to protect cell membranes. A recent study has found that flaxseed oil may be as effective as a commonly used dry eye medication (doxycycline) for the treatment of dry eye.

### ■ Borage Oil

Borage oil has a very high amount of gamma-linolenic acid (GLA), an essential fatty acid in the Omega-6 family. GLA contains anti-inflammatory properties that could reduce redness and discomfort associated with dry eye.

### ■ Turmeric Root PE 95% Curcumin 80 mg

Turmeric is an herb that contains curcumin. The curcumin component of turmeric has anti-inflammatory properties that could help reduce inflammation associated with dry eye. Many studies suggest that patients who take turmeric root combined with fish oil prior to and after refractive surgery may have better tear production and less dry eye complications.

The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

MADE IN THE U.S.A.

## MOST COMMONLY ASKED QUESTIONS:

### Where can I purchase EyeRelief?

- 1) You may be able to purchase EyeRelief directly from your doctor's office.
- 2) EyeRelief can be purchased online by visiting [www.DoctorsAdvantage.Net](http://www.DoctorsAdvantage.Net).
- 3) Call our toll free number 1.888.EYEDOC5 (393.3625) and place your order with one of our knowledgeable customer service representatives.

### What is Doctor's Advantage Auto-ship Program?

Auto-ship is our home delivery system we created to make it easier for you to get your supplements. With auto-ship, Doctor's Advantage ships 3 bottles every quarter straight to your home. Shipping is FREE with our auto-ship program.

### How do I take EyeRelief?

The dosing recommendation for EyeRelief is 1 softgel 3 times a day. As with any fish oil, it is best to take EyeRelief with a meal. We recommend you take 1 softgel with breakfast, 1 softgel with lunch and the final softgel with dinner. Or, take 2 softgels in the morning and 1 softgel in the evening if you want twice daily dosing.

### How long does it take EyeRelief to work?

Dry eye patients typically notice results within 45-60 days after starting. However, often times the benefits of EyeRelief have been noticed in as little as 3 weeks.

### What is the cost of EyeRelief?

EyeRelief is extremely affordable. For about \$1 per day, you can have relief from your dry eye symptoms.

*"After undergoing LASIK surgery, I was experiencing dry eyes. The first thing I noticed every morning when I woke up was that **it was unbearable to rub my eyes**. My ophthalmologist inserted plugs in the tear ducts and when that didn't work he prescribed expensive prescription drugs and drops to alleviate the problem. The moisture was almost nonexistent.*

*Someone familiar with my problem recommended that I try EyeRelief by Doctor's Advantage. I am a hopeless skeptic, but I tried them and I was thrilled with the results. The difference has been amazing! **For the first time in years, I no longer have issues with my eyes being dry and uncomfortable.**"*

- MICHELLE M., 63